

# **BARRY KROST**

## **Family Constellations Facilitator & Trainer**

### **Family Constellations Workshop**

#### **Participant Release Form**

Please Read and Sign Below.

I understand that this workshop may bring up issues of a highly personal nature that may cause me to experience some unexpected and/or difficult emotional and/or physical responses. Further, I understand that I may experience some emotional, physical or spiritual distress that may also cause unpleasant symptoms. I agree to assume the responsibility/risk for any such manifestations encountered on my part in this workshop, future workshops or trainings.

I do not currently suffer from any major mental or physical impairment, and have not been diagnosed in the past with any disorder, condition, or injury, either physical or mental, that would make it unadvisable for me to assume such risks. I am not currently in a crisis or suffering from acute trauma or distress.

I acknowledge that this workshops or future workshops are not designed as a substitute for therapy with a psychiatrist, psychotherapist or other mental health care professional or as a substitute for any other professional consultation. I understand that Family Constellation Therapy is designed as an educational experience only.

By signing this document below, I willingly agree to hold harmless and release from all liability the facilitator of this work Barry Krost and Healing Body Therapeutics PLLC. I consent to participate in this Family Constellations workshop, future workshops or trainings.

All the information shared in these workshops or trainings by participants will be considered confidential information, unless the subject of that information clearly states otherwise. I agree that I will not disclose any of this confidential information to anyone who was not a participant of this workshop.

**Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Please scan or email a copy of this release form and return it (or you may send a photo of this document) before the workshop.**